CONSENT is bae
(BEFORE ANYTHING ELSE)
What is Consent???

Clear agreement to participate in a form of sexual activity. This can be verbal or non-verbal.
NON-verbal Consent MAY look like:

- Initiating sexual activity
- Pulling someone closer
- Actively touching someone
- Nodding yes
- Comfort with nudity
- Laughter/smiling
- Sounds of enjoyment
- An active body
Consent does NOT look like:

- Avoiding eye contact
- Pushing someone away
- Not initiating sexual activity
- Not touching
- Shaking head no
- Discomfort with nudity
- Crying, looking sad/fearful
- “Closed” body language (stiff)
- Turning away
- Silence
- “Just lying there”
- What does consent look like?
  - YES (pink)
  - NO (yellow)

- Do both people agree to sex act?
  - YES (pink)
  - NO (yellow)

- Are both people able to consent?
  - YES (pink)
  - NO (yellow)

- Consent is not possible
  - YES (pink)
  - NO (yellow)

- The best way to get consent is to ask
  - YES (pink)
  - NO (yellow)

- Saying 'yes' to one activity doesn't mean consent to all activities
  - YES (pink)
  - NO (yellow)
YES MEANS YES

Learn about what consent should look like!

INFORMED CONSENT
You and your partner should both know all the risks (do you know if you have any STIs?) and activities (do you plan to have involved)

ENTHUSIASTIC CONSENT
You and your partner should both want to participate, if either of you is feeling less than excited about it, stop and re-evaluate.

CONTINUOUS CONSENT
Consent to one act, like kissing, does not imply consent to another one, like oral sex. You and your partner need to check in throughout the experience!

CONSENT WITHOUT COERCION
Your consent and your partner’s should not hinge on any kind of fear, discomfort, or pressure. Don’t, for example, keep asking to do something until your partner says yes. That’s not consent.
...but how do I ask for consent?

May I...?

What do you need?

I like to... would you like to...?

What do you NOT want to do?

What do you want to do/try?

How do you feel about...?
How to help survivors of Sexual Assault:

1. **Believe** them.
2. Listen. Don’t be judgmental.
3. Let them know it was not their fault.
4. Support and empower the victim. Don’t tell them what they should do or make decisions on their behalf. Present options and help them think through them.
5. Know your resources.
6. Do not to ask probing questions about the assault. Probing questions can cause re-victimization.
41% of colleges and universities recently surveyed had not conducted a single investigation of sexual violence on their campus in the past five years. 

Senator McCaskill, Sexual Assault on Campus Study (2014)

It is estimated that 3% of college men account for 90-95% of rapes on college campuses. The average number of rapes for each one of these serial offenders is six.


The large majority of sexual assault victims (75-90%) are victimized by someone they know (most often a boyfriend, ex-boyfriend, classmate, friend, or acquaintance) rather than a stranger.

Christopher P. Krebs, et al. (2007)

Freshmen and sophomores in college are at greater risk for victimization than juniors and seniors.

National Institute of Justice (2007)

63% of schools failed to report crime statistics in the manner required by the Clery Act.

National Institute of Justice

95% of attacks are unreported, making sexual assault the “silent epidemic.” Sexual assault remains the most drastically underreported crime.

National Institute of Justice and the Bureau of Justice Statistics (2007)

WHEN OUR VOICES JOIN TOGETHER, WE CAN CHANGE THE CONVERSATION. WILL YOU SPEAK OUT AND SHARE WHY THIS MATTERS TO YOU?

SHARE YOUR STORY

Off the sidelines
RESOURCES:

The Women’s Center—919-515-2012

Student Health Services—919-515-2563

The Counseling Center—919-515-2423

NC State Police Department—919-515-3000 non-emergencies

Office of Student Conduct—919-515-2963

Student Legal Services—919-515-7091

The Solace Center—www.interactofwake.org
We’re here to listen.
Reach our trained advocates 24/7 to get the support you deserve. You are not alone. There will be no blame, no judgment, Just help.

24 HOUR SEXUAL ASSAULT HELPLINE
(919) 515-4444